Dear \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,

I’d like you to know something, but it’s hard to talk about.

What I want to tell you is:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Telling you about this makes me feel:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Here’s what I’d like you to do after you’ve read this letter:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please don’t tell anyone what I’ve told you without talking to me first.

If you want to know more about what I’ve told you, Childline has information about it [here](https://www.childline.org.uk/info-advice/your-feelings/sexual-identity/).

Thank you,

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_